



WINDA-MARA

SEPTEMBER 2022

CURRENT VACANCIES

Winda-Mara currently have 7 vacancies.

- Kinship Case Worker
- Kinship Promotions Officer
- Intergrated Family Services Case Manager
- Family Services Support Worker
- Program Manager - Finance
- WHS Manager
- Quality and Governance Specialist

MEDICAL CLINIC HOURS

HEYWOOD

Thursday 12pm-4pm Dr Gopi Patel
 Friday 9am-1pm Dr Gopi Patel

HAMILTON

Monday 9am-5pm Dr Frank Fox
 Tuesday 9am-5pm Dr Frank Fox
 Wednesday 9am-5pm Dr Frank Fox
 Thursday 9am-5pm Dr Nicole Kerr

ALLIED HEALTH SERVICES

Allied Health Services are available to community members including massages, podiatry, optometry, and audiology. Check our health section for available dates, and call either of our medical receptions to book your appointment.

HAPPENING THIS MONTH!

Playgroup (Hey/Ham)
 Every Friday (excl. holidays)
 10:30-12:30pm

Cultural Studies
 Every Monday
 after school

Youth Drop-In Centre (Hey)
 Tuesdays & Wednesdays
 3:30pm - 5:30pm

Optometrist (Hey)
 Friday 2nd Sept

Podiatrist (Ham)
 Thursday 8th Sept
 1:30pm - 5pm

Youth Meet & Greet (Ham)
 Thursday 8th Sept
 4pm - 5pm

Dietician (Ham)
 Monday 19th Sept
 1pm - 5pm

**Holiday Program
 Movie Day (Ham)**
 Wednesday 21st Sept
 11am start

**Junior Football/Netball
 Carnival in Bairnsdale**
 Wednesday 21st -
 Thursday 22nd Sept

**Car Restraint Fitting/
 Safety Check (Ham)**
 Thursday 22nd Sept
 10am - 2pm

**Willan Playgroup
 Holiday Program (Ham)**
 Thursday 22nd Sept
 10am - 1pm

**HAPEE Program
 Audiologist (0-5yrs) (Hey)**
 Thursday 22nd Sept

Junior Ranger Program
 Tuesday 27th -
 Thursday 29th Sept

Youth Camp @ Anglesea
 Monday 26th -
 Friday 30th Sept

CONTACT US!

Join our Mailing List or update your details on our website!

Heywood (Main Office)
 P: 03 5527 0000

Heywood (Main Office & Medical)
 21 Scott St (PO Box 42)
 Heywood VIC 3304

Hamilton (Medical Clinic)
 107 Thompson St
 Hamilton VIC 3300

Heywood (Medical)
 P: 03 5527 0060

Land Management
 598 Henty Highway
 Portland VIC 3305

**Hamilton Community Services &
 Family Services Office**
 333 Nth Boundary Rd (HIRL Studio Room)
 Hamilton VIC 3300

Hamilton (Medical)
 P: 03 5527 0090

www.windamara.com.au

FIND US ON FACEBOOK!

STAFFING UPDATE

Ngatanwarr!

We welcome 4 new workers into our Community Services team this month!

We look forward to them helping to service our community across all age groups.

Lionel Pevitt – CHSP Maintenance Worker

Grant Roberts – Local Justice Worker

Tayla Wakely – Building the Dream Worker

Dianne Bell – Housing Officer

JOB VACANCIES

We currently have 4 vacancies within our Family Services Team.

Kinship Case Worker

This Kinship position works with our carers to ensure placement is established, supported, and monitored in a culturally appropriate manner to ensure the safety and needs of the Aboriginal and/or Torres Strait Islander child in care are being met. This worker is there to aid carers to build on their informal supports and community to provide age-appropriate care and experiences for the child.

Our successful applicant will be responsible for case managing Kinship Care clients and families and providing them with support. They will structure and implement avenues for respite care and assist clients and families with integrating cultural appropriate practices that promote strength and resilience.

Kinship Promotions Worker

The purpose of this Kinship Promotions position is to increase the number of Aboriginal and Torres Strait Islander Kinship Carers through promotion and by conducting recruitment programs.

Our successful applicant will develop and complete Kinship Carer assessments and all corresponding documentation and will manage the intake of Kinship Carer Expressions of Interest, Kinship Carer recruitment and will assist in Kinship Carer training.

Integrated Family Services Case Manager, Family Services Support Worker

These Family Services positions provides a partnership with families and services to assist families achieve their goals of stability, safety and developmental wellbeing for their children and young people and liaise closely, and on occasion, work with other family services programs, including the Kinship area.

Our successful applicant will be responsible for supporting Aboriginal and Torres Strait Islander families with complex needs by providing referral pathways in parenting and mentoring. This position is responsible for case manage families and clients for Family Services.

***Applications close Sunday 4 Sept (Family Services) and
Sunday 11 Sept (Corporate Services).***

We currently have 3 vacancies within our Corporate Services Team.

Project Manager – Finance

This Project Manager position provides support and guidance with tasks related to accounting, banking, budgeting, procurements, and financial management to ensure full compliance with rules and regulations of financial processes, financial records and reports and audit follow up, and implementation of the effective internal control framework.

Our successful applicant will be responsible for reviewing monthly accounting processes, budgeting, and developing recommendations for improvement with an implementation plan to the Executive Manager Corporate Services.

WHS Manager

This Manager position has been established to ensure Winda-Mara complies with duties imposed under The Model WHS Act and Regulations. This position will have ultimate oversight of the entire WHS function.

This position will provide proactive safety leadership through the consistent implementation of sound risk management techniques and provision of advice, to ensure Winda-Mara meets its OHS obligations, identified in relevant Legislation, Codes of Practice and Australia Standards and will assist in the development, implementation, monitoring and review of Work Health and Safety system to ensure the provision of a healthy and safe workplace.

Quality and Governance Specialist

This position has accountability for the organisations' Quality, Risk and Governance systems. Fostering cross-functional and system wide relationships, the role will build upon existing quality improvement methodology to strengthen systems, promote healthcare reliability, improve clinical outcomes, enhance value, and minimize patient harm.

Our successful applicant will be responsible for the maintenance of accreditation status and the development and embedding of systems, frameworks, programs, and processes that support quality assurance, quality controls and reliability measures, organisational improvement, risk and compliance management, patient risk and patient experience.

Contact peopleandculture@windamara.com for Position Descriptions, more information and to apply.

SEPTEMBER HOLIDAY PROGRAM

All registration and permission forms to be completed and returned by Friday 16th Sept

Junior Ranger Program



1 Wednesday 21st Sept

Movie Day @ Hamilton Cinema

11am (leaving Heywood 10:15am)
Movie TBC. Hamilton meet at cinema at 11am. Water and fruit provided.

2 Wed 21st - Thurs 22nd Sept

Junior Football Netball Carnival

Bairnsdale

Limited spots available,
camping 2 nights, will advise
what to bring after registration.

3 Mon 26th - Fri 30th Sept

Youth Camp @ Anglesea

Ages 10-16

Please see PJ or Tara for further
details and registration.

1 Tuesday 27th Sept

Rangers @ Budj Bim National Park
10:00am - 1:00pm

Leaving Heywood WMAC and Hamilton
HIRL at 9:30am. BBQ lunch provided.

2 Wednesday 28th Sept

CMA @ Fitzroy River Outlet
10:00am - 3:00pm

Leaving Heywood WMAC at 9.30am and
Hamilton HIRL at 9am. Lunch provided,
please bring change of clothes and towel.

3 Thursday 29th Sept

with Gunditj Mirring
10:00am - 3:00pm

Lunch provided at Tae Rak. Leaving
Heywood WMAC 9.30am and
Hamilton HIRL at 9am.



Contact Jenna or Macahlia for more information

03 5527 0084 jennabamblett@windamara.com

0417 567 099 macahliarose@windamara.com

WILLAN PLAYGROUP Holiday Program

Wicked Wildlife Show at PJs Playhouse!

Thursday 22nd September
10am - 1pm

Open to children 5 and under only with parents to attend.

Transport leaving Heywood at 9am. Transport available
for Hamilton families if required. Light lunch provided.



Tash (Hamilton) 0448 032 788
PJ (Heywood) 5527 0067

COMMUNITY SERVICES UPDATE

Cultural studies

Running on Mondays after school throughout the school term. Retraining in Term 4. Contact Jenna on 5527 0084 for more information.

Willan Playgroup

Runs every Friday 10:30am - 12:30pm during the school term. Contact Tash on 0448 032 788.

Our kids have been having a deadly time recently!

Youth Mentor Program

As part of our youth mentor program, we took some of our youth to Warrnambool to go ten-pin bowling followed by dinner at Lady Vandeburg, The kids really enjoyed themselves.

Elders Group

Contact Aunty Ros on 0431 786 995 for more information.



KARREETA KOORNONG MARR

Youth Mentor Program

YOUTH DROP-IN CENTRE NOW OPEN!

31 Edgar St Heywood
Tuesdays & Wednesdays
3:30pm - 5:30pm

For more info, contact our youth mentor team
PJ on 0412 119 024 or Tara on 0490 399 274

YOUTH MEET & GREET

Youth Mentor Program
Building The Dream
Cultural Strengthening

Thursday 8th September from 4pm
Bandicoot Room @ HIRL
333 Nth Boundary Rd Hamilton

An opportunity for our Hamilton youth and their parents to come and get to know the team who will be here for our youth programs starting in term 4. Open to primary and secondary school kids with afternoon tea provided.

RSVP by Wednesday 7th September

03 5527 0084 jennabamlett@windamara.com
0417 567 099 macahliarose@windamara.com



WINDA-MARA ABORIGINAL CORPORATION

WORKER DEVELOPMENT PROGRAM

Do you have fines?

By joining the Worker Development Program, this allows you to work off your fines at \$49p/h through activities such as:

- Unpaid work/cultural activities including Arts, Crafts and Traditional Artefact Creation
- Treatment given by a doctor, nurse or psychologist
- Courses – including educational, vocational or life skill courses
- Counseling, including financial counseling
- Drug or alcohol counseling
- Mentoring (if you are under 25)
- Service Engagement and Referral

To find out more, contact our Local Justice Worker
Grant Roberts 5527 0036 or 0473 802 799 ljw@windamara.com



Karreeta Koornong Marr

YOUTH MENTOR RECRUITMENT

Winda-Mara's
mentor group
are currently
looking for new
youth mentors!

If you are keen to get out in the community to help our youth aged 13-25, this is the perfect opportunity.

We are currently looking for mentors with the following qualities:

- Culturally Sensitive
- Show and develop great listening skills
- Seek to learn from your mentee
- Maintain an interest in the program

Becoming a mentor is open to all community members of all ages so if you or anyone you know might be interested, please let us know!

Tara Crumpen-Slade
tarac@windamara.com

PJ Barker-Lovett
peterbarkerlovett@windamara.com

Call us on 0455 315 572

HEALTH UPDATE

HAVE YOU HAD YOUR ATSI HEALTH CHECK?

It's important for our mob to stay up-to-date with our ATSI health checks. Call our medical receptions to book yours today!

Heywood 03 5527 0060

Hamilton 03 5527 0090

COVID-19 RELIEF FUNDING AND SUPPORT PACKS

Winda-Mara have funding available for families who are experiencing the following difficulties due to COVID-19. Issues relating to loss of income, medical treatments or equipment and supporting isolation strategies.

Winda-Mara are also offering COVID Care Packages to Aboriginal and Torres Strait Islander community members who have tested positive to COVID-19 which includes anti-bacterial wipes, Glen20 spray, playing cards and boards games to keep you entertained during isolation.

If you or someone you care about are isolating, please reach out if you can.

You can also speak to our SEWB team if you're comfortable to do so. Call 0429 961 474 for more info on relief funding or to secure your pack.

UPCOMING ALLIED HEALTH VISITS

PODIATRIST

(Hamilton)

Thursdays
1:30pm-5pm

8th Sept
13th Oct
10th Nov
8th Dec

DIETITIAN

(Hamilton)

Mondays
1pm-5pm

19th Sept
17th Oct
21st Nov
12th Dec
16th Jan '23

OPTOMETRIST

(Glen Howell - Hamilton)

Fridays
9am - 12pm

2nd Sept
7th Oct
28th Oct
25th Nov
3rd Feb '23
14th Apr '23

OPTOMETRIST

(Penry Rouston - Heywood)

Fridays

17th Mar '23
21st Apr '23
19th May '23
16th Jun '23

HAPEE PROGRAM AUDIOLOGIST (0-5yrs)

Thursdays
9:30am-5pm

22nd Sept (Hey)
20th Oct (Hey)
17th Nov
8th Dec

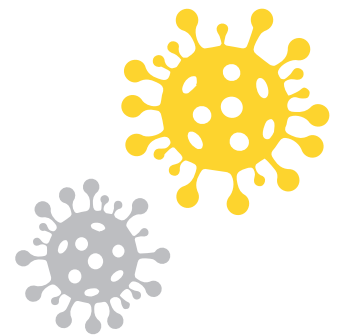
Important information from our Health Team.

There is currently an outbreak of COVID-19 in our community. We also we have an outbreak in our area of Hand Foot and Mouth.

Please call our clinics if you have any concerns regarding either of the outbreaks as we want our community to be as safe and protected as possible.

Our Health team want to remind our mob on the importance of social distancing and wearing a mask when you can. This will help keep you, your family and community stay safer.

Our clinics also have a large supply of RAT tests available to our community members, so please call the clinics if you require any.



Heywood 5527 0060

Hamilton 5527 0090

COVID-19 + FLU VACCINATIONS

COVID-19 Vaccinations
for 5-11 year olds

COVID-19 4th dose
Influenza vaccinations

Book an appointment today!

Heywood 03 5527 0060

Hamilton 03 5527 0090

Are you a diabetic?

Our Health Unit have Blood Glucose Meters for community to assist with self-monitoring of your diabetes. Appropriate self-monitoring can help manage your daily blood glucose and better adapt your lifestyle and treatment to suit your needs.

By managing your diabetes, you reduce the risk of developing complications like kidney, eye and nerve damage and feet problems.

The Blood Glucose Meters are free and available to all diabetics. To receive one, make an ATSI Health Check appointment or a Diabetic Management Plan.

Contact our Practice Nurses to make an appointment today.
Heywood 5527 0060 or Hamilton 5527 0090



FAMILY SERVICES UPDATE

Earlier this month the Winda-Mara Family Services team, along with the Alliance were provided an opportunity to go to the Tyrendarra IPA for a tour and a shared lunch.

We were guided through the area by Ben Church who shared his knowledge and assisted in an understanding to everyone on the tour of the history and importance of the IPA to not just Gunditjmara People but everyone who comes out on country and the need for a strong understanding of culture within the Family Services Teams within the area.

We thank Ben, Aunty Coleen, and Nicky for their knowledge and hospitality. It was an amazing day had by all.



FAMILY VIOLENCE UPDATE

In the upcoming months, the Winda-Mara Family Violence Unit will be distributing articles to raise awareness and understanding of family violence in our community. This is the first in our series and is a brief overview of the different forms that family violence takes.

What is Family Violence?

Family violence is often thought to be categorised by physical assaults alone. However, this is not the case – it is usually much more. Family violence may include:

- Verbal abuse
- Physical abuse
- Psychological abuse
- Emotional abuse
- Social abuse
- Financial abuse
- Sexual abuse
- Harassment and stalking
- Spiritual or religious abuse
- Image-base abuse

Family violence against Aboriginal and Torres Strait Islander peoples carries its own self-determined definition that is broader than that used in the mainstream. The Victorian Indigenous Family Violence Task Force has defined family violence against Aboriginal people as ‘an issue focused around a wide range of physical, emotional, social, spiritual, cultural, psychological and economic abuses that occur within families, intimate relationships, extended families, kinship networks and communities. It extends to one-on-one fighting, abuse of Indigenous community workers as well as self-harm, injury and suicide.’

This definition acknowledges the spiritual and cultural perpetration of family violence by non-Aboriginal people

against Aboriginal partners, children, young people and extended family members, abuse of Elders, and lateral violence within Aboriginal communities.

Importantly, family violence also includes behaviour by a person that causes a child to hear, witness, or be exposed to any of the behaviours referred to above. Exposure to family violence affects children’s physical and mental wellbeing, development, and schooling and is the leading cause of children’s homelessness in Australia.

If you, or someone you know, is experiencing family violence, there is help available:

- Members of our Aboriginal and Torres Strait Islander community can contact Winda-Mara Family Violence Unit directly on (03) 5527 0020 or (03) 5527 0000 9am - 5pm, Mon to Fri
- Otherwise, the Orange Door is the main entry point for people seeking family violence support: 1800 271 180
- For 24/7 family violence support call Safe Steps: 1800 015 188
- If you’re in immediate danger call Triple Zero (000)

FREE car restraint fitting or safety check.

Hamilton Community House invites local parents and carers to book in for a free child car restraint fitting or safety check.

Thursday 22nd Sept 10am - 2pm at HIRL, North Boundary Rd Hamilton. Bookings are essential.

Contact Cheryl Hogan (IFS Worker) on 0458 783 109 for more details and to help you register your interest.

LAND MANAGEMENT UPDATE

Winter is a season of revegetation for the Land Management crew. Our aim this season is to plant approximately 4000 stringy bark trees at Kooreelah in an endeavour to assist with the survival of Ponponpooramok, the Red Tail Black Cockatoo. Unfortunately, it takes the tube stock 50 years to become

mature and 100 years to provide hollow trees for nesting. The Land Management crew has also planted a variety of native tree species at Tyrendarra, Indigenous Protect Area. We've used the tree planters as well as direct seeding. It is going to be interesting to note the survival rate in comparison.



Heath & Jakobe planting at Tyrendarra.



Lashay and Jakobe putting the covers on the tube stock.



Heath & Brody planting trees.

BirdLife Australia were lucky enough to receive funding to purchase an acoustic monitor which has been used by our Land Management Team at the Tyrendarra IPA.

The revegetation and water restoration works at the IPA have been so significant since Winda-Mara purchased the Country. This shows how important it is to look after Country, because when we do, we get deadly outcomes such as this one of detecting the very first record of a breeding event by the endangered Australasian Bittern at the IPA site. Our Land Management team have worked hard to develop our partnerships and collaborations with external authorities like BirdLife Australia, which has helped us with the important work we do.

As well as the Australasian Bittern, we're also enhancing and protecting other flora and fauna species.

During the project, a broad array of species have also been detected in the recordings from Tyrendarra IPA. Australian magpie and White-plumed Honeyeater were the most detected bird species in recordings from Tyrendarra IPA, followed by the Willie Wagtail and the

Masked Lapwing.

Among the 49 species detected were five frog species, including Southern Brown Tree Frog and Eastern Banjo Frog. Some other notable detections include the Gang-gang Cockatoo, which (according to Birdata) have not been recorded at Tyrendarra IPA before and have not been detected in area (5 km radius) since 2019. Likewise, Buff-banded Rail, which were also detected in recordings from Tyrendarra IPA, feature in fewer than 5 sight based surveys in total for the Tyrendarra area.

This suggests that Tyrendarra IPA supports a diverse range of bird species! What deadly country we have!



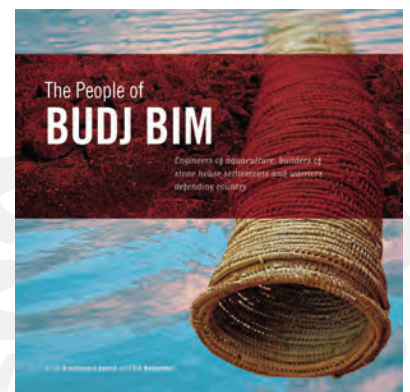
The Tyrendarra Indigenous Protected Area back in 2005 to what it is now. How deadly! It's easy to see the hard work that's been put in by our Land Management team over all these years out there.



People of Budj Bim Book

If you're keen on grabbing a copy of the book "The People of Budj Bim" head out to the Tae Rak Aquaculture Centre.

The book brings to life the amazing story of the 6,600-year-old eel aquaculture systems and associated stone house settlements, once dotted throughout the lakes, streams and ponds on the Budj Bim lava flows here on Gunditjmarra country.



OTHER NEWS

For Aboriginal and Torres Strait Islander Children's Day in August, Winda-Mara ran some activities for our young mob with a healthy breakfast in both Heywood and Hamilton and a Disco in Hamilton. The kids enjoyed the activities, with Ella Nepean and Harrison Day-Ellis crowned the Queen and King of the disco!



On August 9, we celebrated International Day of the World's Indigenous Peoples.

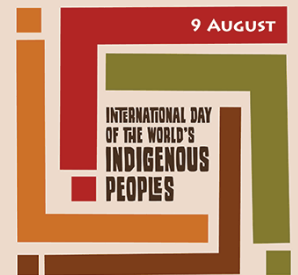
The 2022 theme is "The Role of Indigenous Women in the Preservation and Transmission of Traditional Knowledge".

Locally, Aboriginal and Torres Strait Islander women play a significant role in sharing and showcasing our culture with our own community and beyond.

There are an estimated 476 million Indigenous peoples in the world living across 90 countries. We make up less than 5 per cent of the world's population. We speak an overwhelming majority of the world's estimated 7,000 languages and represent 5,000 different cultures.

In Australia, there are approximately 800,000 Aboriginal and Torres Strait Islander people, representing 3.3% of the total Australian population.

Aboriginal and Torres Strait Islander Australia is made up of many different and distinct groups, each with their own culture, customs, language, and laws. We are the world's oldest surviving culture that continues to express our culture in dynamic and contemporary ways.



Saturday 1 October 2022 • Dja Dja Wurrung Country
Bendigo Showgrounds

TREATY DAY OUT BENDIGO

DAN SULTAN • BRIGGS
NO FIXED ADDRESS • MARLON x RULLA
SCOTT DARLOW • KEE'AHN • NOOKY
BUMPY • MADI COLVILLE-WALKER

With MC Kevin Kropinyeri Plus craft stalls, activities, food trucks and more!



Junior Carnival
21st & 22nd September
in Bairnsdale.

Winda-Mara have limited places available, camping for 2 nights.

Will advise what to bring after registration. Contact Troy Lovett for more information or leave your name at WMAC reception.

WORAN WORAN (YOUTH) BOXING CAMP FOR INDIGENOUS KIDS FROM 6-18YRS

6 WEEK TRAINING CAMP
INTRODUCTION TO BOXING
STARTS 20TH SEPTEMBER
EVERY TUESDAY + THURSDAY
PORTLAND BOXING CLUB

EACH PARTICIPANT WILL NEED TO DO A ATSI HEALTH CHECK AND PERMISSION FORM TO TRAIN I WILL SEND THESE OUT ONCE YOU HAVE CONFIRMED YOUR SPOT.

HENTY PARK, PORTLAND (VIC), 3305, AUSTRALIA
TRANSPORT AVAILABLE

WEEKLY PRIZES AWARDED + TRIP TO MELBOURNE BOXING GYM AFTER CAMP DATES TBC

FOR MORE INFO PLEASE CONTACT
AARON BAMBLETT
MOBILE: 0431810335
EMAIL: AARONBAMBLETT19@GMAIL.COM